



# Return to Play | Operational Plan

Squash South Africa: COVID-19



Squash South Africa  
JUNE 2020 v1.0



sport, arts & culture

Department:  
Sport, Arts and Culture  
REPUBLIC OF SOUTH AFRICA

Tel. +27 (0)11 442 8056 • Fax +27 (0)11 442 8036  
PO Box 613, Northlands, South Africa, 2116  
COVID@squashsa.co.za • www.squashsa.co.za  
Vat No.: 4300121896

# RETURN TO PLAY | OPERATIONAL PLAN

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## Summary of Operational Plan

The Coronavirus or COVID-19 officially hit South Africa in March 2020 leading to the shutdown of many activities including sports participation at all levels. The reintroduction and participation in outdoor activities recommenced in May 2020. This allowed South Africans to exercise outside of their homes and places of work.

Exercise has been proven to contribute positively to both mental and physical health. Even as South Africans have been confined to their homes, activity levels have steadily increased and should be maintained as everyone reverts to a “new normal”.

In this context, a singles squash court measuring 9,750 mm by 6,400 mm (WSF 2011) (or 62 m<sup>2</sup>) which means that players are not always in close proximity to each other. Due to the nature of squash, they will be breathing heavily, handing the ball to each other and possibly being in very infrequent contact with each other. Other aspects which affect the sport are shaking hands at the beginning and end of the match; the amount of sweat on the court; access to and from the court; players wiping their arms on the walls; playing within a small space and this is more so with the doubles game. As a result, the impact of COVID-19 on squash requires all players to be extremely attentive to hygiene issues when play (recreational, league or other competitions) resumes.

At all stages, players should be consulted on the timetable for resuming play and for the conditions under which play should resume. As with all activities, there is always going to be a reasonable level of risk (e.g. crossing the road on foot or driving a car), and as such, different people adhere to different risk profiles. Conversely, exercise has a positive impact on health and should be encouraged where possible. However, good health practices remain a priority and, as such, players over 60 or with underlying conditions (high blood pressure, respiratory problems, obesity, diabetes, reduced immune system) should consider very carefully when/if they should return to play squash, as should people living in the same household with them.

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*Looking after one's health still remains the individual's responsibility*

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## Squash & the National Risk Adjusted Strategy

Squash has been prohibited under Levels 4 and Level 5. The criteria below have been derived from the National Risk Adjusted Strategy rating and may be subject to change. Compliance with any adjusted strategy will be disseminated to clubs and participants, but at date of publishing are correct. Per the National Risk Adjusted Strategy, the following criteria apply during various Levels of the lockdown.

Categories	Level 5	Level 4	Level 3	Level 2	Level 1
<b>Must observe all general government guidelines</b>	Yes	Yes	Yes	Yes	Yes
<b>Clubhouse/ Bar</b>	Closed	Closed	Closed/limited per government restrictions	Limited per government restrictions	Open
<b>Bathroom Facilities</b>	Closed	Closed	Emergencies only	Open	Open




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Categories	Level 5	Level 4	Level 3	Level 2	Level 1
<b>Coaching</b>	Not allowed	Not allowed	Level 2 coaches only Max. 2 players per court (coach OFF-court)	Level 1 and 2 coaches only Max. 4 players (incl. doubles) per court (coach ON/OFF court)	Return to normal
<b>Protective Masks upon arrival at and departure from the club</b>	Closed	Closed	Yes	Yes	Yes
<b>Social Distancing</b>	Closed	Closed	Yes	Yes	Return to normal
<b>Personal Hygiene (e.g. Hand Sanitiser)</b>	Closed	Closed	Yes	Yes	Yes
<b>Cleaning of Facility</b>	Closed	Closed	Yes (before and after each session)	Yes (before and after each session)	Return to normal
<b>Deep cleaning of Facility</b>	Closed	Closed	Weekly	Monthly	Return to normal
<b>Handling of Balls</b>	Closed	Closed	Without using hand (e.g. glove/racket)	Return to normal	Return to normal
<b>Facility Access</b>	Closed	Closed	Coach and players only	Coach, players, parents	Return to normal (venue ≤90ppl)
<b>Clubs</b>	Closed	Closed	Training only (pref. solo), OR Approved leagues only <sup>1</sup>	Approved leagues only <sup>2</sup> (venue <90ppl)	Return to normal (venue ≤90ppl)
<b>Court Reservations – Training &amp; Coaching</b>	Closed	Closed	Made by coach/players	Made by coach/players	Return to normal
<b>Court Reservations - Club Play</b>	Closed	Closed	Made by member	Made by member	Return to normal
<b>Maximum permitted – Club Play</b>	Closed	Closed	Max No. of courts ≤30% (venue ≤50ppl)	Max No. of courts ≤75% (venue ≤90ppl)	All courts (venue ≤90ppl)

## High level Overview of Risk Mitigation Measures

Accommodation is made, should the national Risk Levels change, but assuming the current Level 3 remains, the following apply.

	Phase 1 From 1 July 2020	Phase 2 From 15 July 2020	Phase 3 From 1 August 2020	Phase 4 From 15 August 2020
Clubs	≤30% clubs, per province, open (authorisation req.)	≤30% clubs, per province, open (authorisation req.)	≤75% clubs, per province, open (authorisation req.)	ALL clubs, per province, open (authorisation req.)
Professional & elite players	Authorised players only (with adjusted training techniques)	Authorised players only (with adjusted training techniques)	Authorised players only	Authorised players only
Coaches *	Only authorised SA Level 2	Only authorised SA Level 1 and 2	Only authorised SA Level 1 and 2 only	Authorised SA Level 1 and 2 only

<sup>1</sup> Approval, per the Phased return to activities

	<b>Phase 1</b> From 1 July 2020	<b>Phase 2</b> From 15 July 2020	<b>Phase 3</b> From 1 August 2020	<b>Phase 4</b> From 15 August 2020
Leagues (authorised leagues only)	None	None	1 <sup>st</sup> , Reserve & 2 <sup>nd</sup> leagues only	All Provincial leagues (adjusted)
Championships & Tournaments	None	None	None	Allowed (subject to hygiene criteria)
Development & Mass Participation Programs	None	None	None	Limited & authorised only
Social play	None	None	None	Limited & authorised only

**\* NOTE:** Authorised coaching, **does not** include, training, running of Mass Participation/ Development Programmes

As a minimum, the following measures will be adhered to at all times (detailed criteria provided below):

- All appropriate information material relating to COVID 19 must be displayed in a prominent place within the clubs.
- Masks as required by the health protocols must be worn by all personnel on entering and exiting the court/ club.
- Hygiene protocols to be followed, inclusive of disinfecting facilities before and after sessions, use of hand sanitisers, deep-cleaning cycles (as recommended), social distancing practices etc.
- A dedicated isolation area for use by any individual who exhibits symptoms of COVID-19 while in training or during a match, must be identified.
- The sport body will keep a register, archived for 6 months, with full contact details of professional athletes and coaches.

## State of Readiness

Squash South Africa, has worked diligently with multiple sporting codes, the Department of Sport, Art and Culture (DSAC), and stakeholders, including the Squash Federation of Africa (SFA) and the World Squash Federation (WSF), to prepare comprehensive analysis and return-to-play plans for the resumption of squash. We recognise the positive contributions to physical and mental wellness that sporting, and exercise provide.

This plan incorporates the latest available information, the departmental guidelines and provides a definitive roadmap to the resumption of Squash in South Africa.



# 1 Introduction

The Coronavirus/COVID-19 officially hit South Africa in March 2020 leading to the shutdown of many activities including sports participation at all levels. The reintroduction and participation in outdoor activities recommenced in May 2020. This allowed South Africans to exercise outside of their homes and places of work.

Exercise has been proven to contribute positively to both mental and physical health. Even as South Africans have been confined to their homes, activity levels have steadily increased and should be maintained as everyone reverts to a “new normal”.

However, most sports facilities to date remain closed while National Federations are required to address the conditions under which sports can begin again with Government approval. Contact sports and those where athletes play in close proximity to each other are those requiring the most attention.

In this context, the COVID-19 remains enigmatic and the only thing that we can agree on is that there is much that scientists and medical experts do not know about it. COVID-19 appears to affect different people in different ways. Indications currently are that 80% of people who contract COVID-19 will recover independently and that 1 in 6 people may become seriously ill. The virus is spread through either physical as well as respiratory contact which can be from people within 2 m (droplet spread). However, this also is in debate as talking, a sneeze or a cough have been shown to lead to people being infected at greater distances resulting in Government instructing that face masks or coverings be worn in public (to cover the nose and mouth). Some people may not know that they are infected and therefore preventative and conservative steps should be taken at all times. The virus can also be passed on via contact with various surfaces and when a person then touches his/her eyes, nose or mouth.

The best form of preventative protection is to follow strict hygiene practices, through washing hands regularly for at least 20 seconds; using hand sanitiser; maintaining appropriate distance between people (2 m where possible) and wearing face masks/coverings. Face masks are used to prevent people touching their face regularly as well as to prevent respiratory droplet spread. Currently no vaccine is available and will not be available in the foreseeable future. Even if a vaccine were available, it would not preclude other hygiene practices from being implemented. Similarly, testing currently available would mean that a person would need to be tested daily as they may be asymptomatic.

In this context, a singles squash court measuring 9,750 mm by 6,400 mm (WSF 2011) (or 62 m<sup>2</sup>) which means that players are not always in close proximity to each other. Due to the nature of squash, they will be breathing heavily, handing the ball over to each other and possibly being in very infrequent contact with each other. Other aspects which affect the sport are shaking hands at the beginning and end of the match; the amount of sweat on the court; access to and from the court; players wiping their arms on the walls; playing within a small space and this is more so with the doubles game. As a result, the impact of COVID-19 on squash requires all players to be extremely attentive to hygiene issues when play (recreational, league or other competitions) resumes.

At all stages, players should be consulted on the timetable for resuming play and for the conditions under which play should resume. As with all activities, there is always going to be a reasonable

level of risk (e.g. crossing the road on foot or driving in a car), and as such, different people adhere to different risk profiles. Conversely, exercise has a positive impact on health and should be encouraged where possible. However, good health practices remain a priority and, as such, players over 60 or with underlying conditions (high blood pressure, respiratory problems, obesity, diabetes, reduced immune system) should consider very carefully when/if they should return to play squash and seek medical advice, as should people living in the same household with them.

*Looking after one's health still remains the individual's responsibility*

## 1.1 Key Appointments

In terms of the Government Gazette, Vol. 660 of 11 June 2020, No. 43433<sup>2</sup>, the following appointments are made:

Public Officer (PO)	COVID-19 Compliance Officer (CO)
<p><b>Ms Liz Addison</b> National Director/Development Manager</p> <p>+27 (0)11 442 8056 <a href="mailto:liz@squashsa.co.za">liz@squashsa.co.za</a> PO Box 613, Northlands, 2116</p>	<p><b>Mr Paul S Vermaak</b> Co-opted Squash SA EXCO Member</p> <p>+27 (0)11 442 8056 <a href="mailto:COVID@squashsa.co.za">COVID@squashsa.co.za</a> PO Box 613, Northlands, 2116</p>

COVID-19 EMERGENCY HOTLINES	
<b>National Government</b>	
Website:	<a href="http://www.sacoronavirus.co.za">www.sacoronavirus.co.za</a>
Emergency Hotline:	0800 029 999
WhatsApp Support Line:	0600 123456
<b>Squash South Africa</b>	
Website:	<a href="http://www.squashsa.co.za">www.squashsa.co.za</a>
Emergency Hotline & WhatsApp Support	+27 (0)82 854 1897 (Paul)

<sup>2</sup> [www.srsa.gov.za/media/ministry-and-department-sport-arts-and-culture-release-level-3-sector-directions-and-processes](http://www.srsa.gov.za/media/ministry-and-department-sport-arts-and-culture-release-level-3-sector-directions-and-processes)



## 2 Risk Assessment

Squash South Africa is the custodian of squash in South Africa and has undertaken a Risk Assessment of all facets of play and training, including all its stakeholders and partners. Various return-to-play options were evaluated. This submission reflects the most practical, conservative, and compliant scenario assessed.

### 2.1 Squash in the context of COVID-19

Squash has been prohibited under Level 4 and Level 5. The criteria below have been derived from the National Risk Adjusted Strategy rating<sup>3</sup> and may be subject to change. Compliance with any adjusted strategy will be disseminated to clubs and participants, but at date of publishing are correct. Per the National Risk Adjusted Strategy, the following criteria apply during various Levels of the lockdown.

**Table 2.1: Permitted Activities/ Criteria (Level 3)**

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Categories	Level 5	Level 4	Level 3	Level 2	Level 1
<b>Must observe all general government guidelines</b>	Yes	Yes	Yes	Yes	Yes
<b>Clubhouse/ Bar</b>	Closed	Closed	Closed/ Limited per government restrictions	Limited per government restrictions	Open
<b>Bathroom Facilities</b>	Closed	Closed	Emergencies Only	Open	Open
<b>Coaching</b>	Not allowed	Not allowed	Level 2 coaches only <sup>4</sup> Max. 2 players per court (coach OFF-court)	Level 1 and 2 coaches only <sup>1</sup> Max. 4 players (incl. doubles) per court (coach ON/OFF court)	Return to normal
<b>Protective Masks upon arrival at and departure from the club</b>	Closed	Closed	Yes	Yes	Yes
<b>Social Distancing</b>	Closed	Closed	Yes	Yes	Return to normal
<b>Personal Hygiene (e.g. Hand Sanitiser)</b>	Closed	Closed	Yes	Yes	Yes
<b>Cleaning of Facility</b>	Closed	Closed	Yes (before and after each session)	Yes (before and after each session)	Return to normal
<b>Deep cleaning of Facility</b>	Closed	Closed	Weekly	Monthly	Return to normal
<b>Handling of Balls</b>	Closed	Closed	Without using hand (e.g. glove/racket)	Return to normal	Return to normal
<b>Facility Access</b>	Closed	Closed	Coach and players only	Coach, players, parent	Return to normal (venue ≤90ppl)
<b>Clubs</b>	Closed	Closed	Training only (pref. solo) OR Approved leagues only <sup>5</sup>	Approved leagues only <sup>2</sup> (venue <90ppl)	Return to normal (venue ≤90ppl)

<sup>3</sup> <https://sacoronavirus.co.za/covid-19-risk-adjusted-strategy/>

<sup>4</sup> Coaching only permitted with written letter of permission from Squash SA office (valid for 3 months, from 01 July – 30 September 2020)

<sup>5</sup> Approval, per the Phased return to activities


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Categories	Level 5	Level 4	Level 3	Level 2	Level 1
<b>Court Reservations – Training &amp; Coaching</b>	Closed	Closed	Made by coach/players	Made by coach/players	Return to normal
<b>Court Reservations - Club Play</b>	Closed	Closed	Made by member	Made by member	Return to normal
<b>Maximum permitted – Club Play</b>	Closed	Closed	Max No. of courts ≤30% (venue ≤50ppl)	Max No. of courts ≤75% (venue ≤90ppl)	All courts (venue ≤90ppl)

## 2.2 Phased Return to Play

Assuming the current Level 3 remains, the following apply. However, adjustments will be made should the national Risk Levels change.

**Table 2.2: Proposed Activities (Level 3)**

	Phase 1 From 1 July 2020	Phase 2 From 15 July 2020	Phase 3 From 1 August 2020	Phase 4 From 15 August 2020
Clubs	≤30% clubs, per province, open (authorisation req.)	≤30% clubs, per province, open (authorisation req.)	≤75% clubs, per province, open (authorisation req.)	ALL clubs, per province, open (authorisation req.)
Professional & elite players	Authorised players only (with adjusted training techniques)	Authorised players only (with adjusted training techniques)	Authorised players only	Authorised players only
Coaches *	Only authorised SA Level 2	Only authorised SA Level 1 and 2	Only authorised SA Level 1 and 2 only	Authorised SA Level 1 and 2 only
Leagues (authorised leagues only)	None	None	1 <sup>st</sup> , Reserve & 2 <sup>nd</sup> leagues only	All Provincial leagues (adjusted)
Championships & Tournaments	None	None	None	Allowed (subject to hygiene criteria)
Development & Mass Participation Programs	None	None	None	Limited & authorised only
Social play	None	None	None	Limited & authorised only

**\* NOTE:** Authorised coaching, **does not** include, training, running of Mass Participation/ Development Programmes

### 3 Criteria for Return to Play

As a minimum requirement, all of the issues below must be met and each **facility** (club) must:

- Be in good standing with its Club, Province, Federation and Squash SA;
- Have registered and be paid-up (Club Affiliation Fees);
- Supply all required documentation, as required (refer to **Section 3.2.1 items 1.1 to 1.20 and 6.1** below) in order to be issued a Certificate of Operation; and
- Be issued a Certificate of Operation.

As a minimum requirement, all of the issues below must be met, and each **coach/athlete** must:

- Be in good standing with their Club, Province, Federation and Squash SA;
- Be a registered and paid up member of the Squash SA Individual Registration (SportyHQ);
- Have a negative COVID-19 test provided at maximum seven days before returning to play; and
- Supply all required documentation, as required (refer to **Section 3.2.1 and Section 6.2** below).

A summary of permitted participants and facilities per Phase, is provided below.

**Table 3.1: Detailed Criteria for Play (Level 3)**

Category/ Criteria	
<p><b>Phase 1:</b> From 1 July 2020</p>	<p><b>Athlete Criteria</b></p> <ul style="list-style-type: none"> <li>• Professional Squash Association (PSA), players               <ul style="list-style-type: none"> <li>◦ Registered and paid up with PSA as of 26 March 2020 (date of lockdown)</li> </ul> </li> <li>• Top SA Players               <ul style="list-style-type: none"> <li>◦ Top 20 ranked Men's Players</li> <li>◦ Top 20 ranked Women's Players</li> </ul> </li> <li>• National Teams               <ul style="list-style-type: none"> <li>◦ SA National Junior Men's Squad - Team of 2020</li> <li>◦ SA National Ladies Squad - Team of 2020</li> <li>◦ SA Masters Squad - Team of 2020 - (≥60 years of age, per Government criteria)</li> </ul> </li> <li>• Provincial Teams               <ul style="list-style-type: none"> <li>◦ Senior Interprovincial Players - A-Section Growthpoint IPT (as of 2019 event)</li> </ul> </li> </ul> <p><b>Coaching Criteria</b></p> <ul style="list-style-type: none"> <li>• Certified Coaches               <ul style="list-style-type: none"> <li>◦ Registered and authorised SA Level 2 coaches</li> <li>◦ Certificate of Authorisation from Squash SA</li> </ul> </li> </ul> <p><b>Facility Criteria</b></p> <ul style="list-style-type: none"> <li>• ≤30% (maximum) of all registered facilities per province (only)</li> <li>• Certificate of Operation from Squash SA</li> </ul>

	Category/ Criteria
<b>Phase 2:</b> From 15 July 2020	<p>- as above, PLUS -</p> <p><b>Athlete Criteria</b></p> <ul style="list-style-type: none"> <li>• Provincial Teams               <ul style="list-style-type: none"> <li>○ Senior Interprovincial Players                   <ul style="list-style-type: none"> <li>▪ B, C and D-Section Growthpoint IPT (as of 2019 event)</li> </ul> </li> <li>○ Masters Interprovincial Players                   <ul style="list-style-type: none"> <li>▪ A-Section Doubles or Singles IPT (as of 2019 events) - if ≥60 years of age, with conditions (per Government criteria)</li> </ul> </li> </ul> </li> </ul> <p><b>Coaching Criteria</b></p> <ul style="list-style-type: none"> <li>• Certified Coaches               <ul style="list-style-type: none"> <li>○ Registered and authorised SA Level 1 and Level 2 coaches</li> <li>○ Certificate of Authorisation, from Squash SA</li> </ul> </li> </ul> <p><b>Facility Criteria</b></p> <ul style="list-style-type: none"> <li>• ≤30% (maximum) of all registered facilities per province (only)</li> <li>• Certificate of Operation from Squash SA</li> </ul>
<b>Phase 3:</b> From 1 August 2020	<p>- as above, PLUS -</p> <p><b>Athlete Criteria</b></p> <ul style="list-style-type: none"> <li>• Registered league members</li> </ul> <p><b>Coaching Criteria</b></p> <ul style="list-style-type: none"> <li>• Certified Coaches               <ul style="list-style-type: none"> <li>○ Registered and authorised SA Level 1 and Level 2 coaches</li> <li>○ Certificate of Authorisation from Squash SA</li> </ul> </li> </ul> <p><b>Facility Criteria</b></p> <ul style="list-style-type: none"> <li>• ≤30% (maximum) of all registered facilities per province (only)</li> <li>• Certificate of Operation from Squash SA</li> </ul> <p><b>Event/ League Criteria</b></p> <ul style="list-style-type: none"> <li>• 1<sup>st</sup>, Reserve and 2<sup>nd</sup> leagues (only)</li> </ul>
<b>Phase 4:</b> From 15 <sup>th</sup> August 2020	<p>- as above, PLUS -</p> <p><b>Athlete Criteria</b></p> <ul style="list-style-type: none"> <li>• Registered club members (limited &amp; authorised only)</li> </ul> <p><b>Coaching Criteria</b></p> <ul style="list-style-type: none"> <li>• Certified Coaches               <ul style="list-style-type: none"> <li>○ Registered and authorised SA Level 1 and Level 2 coaches</li> <li>○ Certificate of Authorisation from Squash SA</li> </ul> </li> </ul> <p><b>Facility Criteria</b></p> <ul style="list-style-type: none"> <li>• ≤30% (maximum) of all registered facilities per province (only)</li> <li>• Certificate of Operation from Squash SA</li> </ul> <p><b>Event/ League Criteria</b></p> <ul style="list-style-type: none"> <li>• All other official leagues</li> <li>• Tournaments &amp; Championships               <ul style="list-style-type: none"> <li>○ International/ National/ Provincial/ District Tournaments &amp; Championships</li> </ul> </li> </ul>

## 3.1 General Control Measures

*Applicable to all phases*

- All appropriate information material relating to COVID-19 must be displayed in a prominent place within the clubs.
- Masks as required by the health protocols must be worn by all personnel on entering and exiting the court/club.
- A dedicated isolation area for use by any individual who exhibits symptoms of COVID-19 while in the club must be identified.
- The club/ Squash SA will keep a register, archived for 6 months, with full contact details of professional athletes and coaches.

## 3.2 Phased Re-Opening

### 3.2.1 **Phase 1:** *Return to professional play and coaching*

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*from 1 July 2020*

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#### 1. **Clubs to open for professional players to train and coaches to coach:**

- 1.1. Club owners/managers are required firstly to check their indemnity requirements to ensure they meet the obligations set out in their club and/or insurance policy. Noting that clubs may be multi-sport, large and small, clubs owners/managers should take all reasonable precautions possible. An example of an indemnity form is attached in **Appendix A**.

*Additional precautions are recommended including but not limited to:*

- 1.2. Club Management should undertake a thorough Risk Analysis with an accompanying mitigation process before opening their clubs. This may include asking staff and members to sign an indemnity form (example attached in **Appendix A**). (Risk Analysis is available in **Appendix I**).
- 1.3. In line with Government requirements, Club Management should consider appointing a "COVID-19 Health Official" who will be a contact person for updates and enquiries and who will ensure the club's requirements are met. This may be an existing staff member, a committee member or the role may be rotated amongst staff or members (appointment form attached **Appendix M**).
- 1.4. Club Management should ensure all staff are made aware of the Government (local, provincial and/or national) requirements for COVID-19 protocols, for operation and/or re-opening. These may change and it is incumbent on the Club to ensure compliance with the current criteria.

- 1.5. Club Management, as the employer, should make all staff aware of their rights and obligations in terms of their contracts, Occupational Health and Safety requirements and other relevant legislation.
- 1.6. The Club Management should prepare updated Standard Operating Procedures as required.
- 1.7. The Club Management to ensure screening, as required by the regulations (e.g. Infra-Red temperatures screening  $\leq 37.8^{\circ}\text{C}$ ) and provision of appropriate minimum, Personal Protective Equipment (e.g. face masks, hand sanitisers and gloves). In addition, screens could be installed at reception/ bar desks to protect staff. Club Management should consult the local Department of Health and Local Government on such requirements.
- 1.8. The Club should keep a log of all visiting staff, club members and visitors (if permitted). The log is required to include (as a minimum): Full Name(s), Date and Time with contact details (more than one contact (viz. number/ email). An example is attached as part of **Appendix C**).  
*(Attention should be paid to the confidential nature of this data).*
- 1.9. Separately, staff should ensure that the court bookings are done electronically where possible, are up to date (inclusive of players' details and making allowance for cleaning times between bookings e.g. door handles, floor and walls), OR if not possible, at least 3 times a day. If staff are not available for this, the players should be provided with the sanitising equipment to undertake this function and should be monitored by the Club. Safe disposal of materials used should be provided.
- 1.10. In addition to sanitising the courts after each booking, the Club should consider wholly sanitising the facilities at the end of each day and the ablutions periodically during the day.
- 1.11. Club Management, where air conditioning is available, should ensure that the filters are changed according to normal maintenance requirements.
- 1.12. Members should be encouraged to travel to the club by foot, bicycle or car in preference to public transport.
- 1.13. Club Management should identify a flow through the club preferably separating the entry to the club from the exit. Where there is only one entry/ exit, appropriate spacing should be encouraged.
- 1.14. Upon entry, members should be advised of any criteria and/or changes resulting from recent COVID-19 updates and should clean their hands with sanitiser or wash them.
- 1.15. If any person has a temperature or is showing symptoms (cough, sore throat, runny nose, difficulty in breathing, loss of smell etc.), they should immediately be advised to return home and report to the medical authorities. The Club should prepare for a request from the medical authorities for additional information of

whom the person has been in contact with at the Club over the past 10 days. Contact tracing is also required, reporting to the appropriate authority.

- 1.16. Clubs should ensure social distancing requirements of 2 m are met, where possible. This may mean restricting access to ablution facilities (except for toilets in an emergency); entertainment areas (including the bar) and spectator seating as well as restricting the number of people allowed on the premises at any time. Putting marking (permanent or temporary) at 2 m distances on the floors/ walls and outside the courts may assist in reinforcing this requirement.
- 1.17. Club Management may consider only using some and not all courts.
- 1.18. The use of portable water dispensers should be discouraged.
- 1.19. Club Management should address contactless payment options (reducing the need for cash etc.).
- 1.20. Club Management should consider what action its staff may need to take if a member does not follow the procedures required by the club.

In order for a club to be considered for a Certificate of Operation from Squash SA, it must provide a plan covering at least **item 1.1** to **item 1.20** above at least seven working days before it plans to open.

## 2. **Coaching (1 July 2020):**

*In order to maintain hygiene requirements:*

- 2.1. Players should arrive no more than 15 minutes before their booked time and should be already dressed for play beginning with warm up.
- 2.2. Where the player is a junior, his/her parent/guardian (preferably only 1 person) should either leave and return to collect the player, wait in the car or sit an appropriate distance away from the coach in the stands. However, the parent/guardian remains responsible for safeguarding principles which still apply preferably with the parent/guardian being present.
- 2.3. Players should bring their own drinks and drink bottles, towels, balls and rackets and be prepared to shower at home rather than the club. It is the choice of the player whether to wear a glove on one or both hands (e.g. wearing on the non-racket hand may prevent possible infection being passed via the ball) or to wear a mask during play.
- 2.4. Coaching should take place one on one but with the coach remaining outside the court where possible or on the balcony. If the coach enters the court, he/she should maintain a 2 m distance from the player and wear a mask.
- 2.5. If there are 2 players, then they must be from the same household in phase 1 and the coach should still remain outside the court or on the balcony.
- 2.6. Where a player is injured, contact may be required, but common sense and appropriate first aid protections should be used including gloves and masks.



- 2.7. Players must leave the court immediately and leave the club within 15 minutes of the end of their officially booked time to allow for sanitising prior to the next booking.
- 2.8. Club Management may institute rules such as allowing a player only one booking per day to allow equal opportunity for all members.
- 2.9. All contact surfaces (e.g. door handle, tables, wall etc.) should be sanitised each time they are touched, and the cleaning materials disposed of appropriately.

3. **Modification to the rules:**

*It is suggested that players consider either:*

- 3.1. Both players use a glove on their non-racket hand OR
- 3.2. Serve without using your hand (e.g. setting with the racket) OR
- 3.3. One player serve for the full first game and then clean the ball with sanitiser before handing it to the other player OR
- 3.4. If both players agree to use the normal rules, they should make every effort to minimise touching the ball.

3.2.2 **Phase 2:** *Expanded elite athletes and coaching*

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*from 15 July 2020*

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- All club players registered with Squash South Africa
- Top Junior players not included in the above categories:
- S A Masters players registered with Squash South Africa

As per Government requirements, detailed record keeping is required, and all social distancing and hygiene requirements will need to be adhered to.

Coaches may go on court to work with a player.

All requirements as recorded for Phase 1 are required for Phase 2.

In preparation for National Championships, National Interprovincial Championships, Leagues, the requirement for ongoing hygiene and social distancing will need to continue for everyone at all times except for the players on court for the duration of their match.

Initially, play should be 1 player on the court unless he/she is playing with a person from the same household (usually the first steps in returning to fitness and reducing possible injury etc.).

If there are 2 players from different households playing, both players must take responsibility for checking that they both meet the requirements of temperature check etc.

### 3.2.3 **Phase 3:** Provincial/ Regional/ District, Club leagues

*from 01 August 2020*

As per the Government requirements, detailed record keeping is required, and all social distancing and hygiene requirements need to be adhered to.

All requirements as recorded for Phases 1 and 2 are relevant and must be adhered to.

The following also is relevant:

- Markers & Referees will need to sit 2 m apart where 2 are on duty.
- For players to sign the score sheet at the end of the match, they should bring and use their own pens (or sanitise between use).
- Modified rules for the ball should be agreed before the match or the league starting and be published for all players to follow (see 3 above).
- Everyone should leave the club immediately after the last match is finished.
- Elbow or foot greetings should be used instead of handshakes or a bow from the players' respective service box or tapping rackets.
- Players will need to be very conscious of not touching the ball, the need to wipe sweat off the floor and not wiping their hands and arms on the walls.
- During breaks between games, players must again ensure a distance of 2 m between them is maintained.

### 3.2.4 **Phase 4:** Return to competition squash

*from 15 August 2020*

- International/ National/ Provincial/ Regional/ District Tournaments and championships may resume.

The respective provincial/district association should set out its requirements in line with Government guidance in force at the time and may use these guidelines. This will also require:

4. Competition Squash
  - 4.1. A clear delineation of responsibility for the organisation of the event, the Club Management's role and the role of the event officials (Tournament Director, Markers & Referees etc.).
  - 4.2. The provincial/district association should appoint a COVID-19 Health Official and/or a COVID-19 Medical Doctor to support the championships who may be on call or available at specific times.

- 4.3. Similarly, the provincial association/district should undertake a comprehensive Risk Management Assessment with all stakeholders and agree and implement mitigation strategies including how many people at any one time can be in the facility, access and exit, cleaning etc. This Risk Management Assessment must be provided to Squash SA for approval at the time the competition is being planned. Indemnity requirements should be met (per **Appendix A**).
- 4.4. All participants (players, team management, team officials, event organisers) must be informed of the Risks and Mitigation measures, as well as their Roles & Responsibilities in them.

This may include each participant completing a screening questionnaire by a required date before the event begins to be assessed by the COVID-19 medical professional. It may also require each participant signing a form to confirm that they understand the process in full and take full responsibility for their participation.

- 4.5. Should any player have recently recovered from COVID-19, they are required to present a medical certificate confirming they are medically fit to play or participate.

## 4 Protocols for Managing Positive Cases

The following applies equally to training and matches (tournaments and events).

### 4.1 Before the Event/Training

Should a person entering the club display symptoms of COVID-19 (dry cough, fever, malaise, shortness of breath, sore throat, muscle aches, loss of smell or other flu-like symptoms) **DURING SCREENING ON ENTRY** to the venue/event, the Club COVID-19 contact must:

- Send them home and advise them to go to their nearest health provider for testing.
- Inform the local Department of Health immediately providing details as required.

### 4.2 During the Event/Training

Response to someone displaying symptoms of COVID-19 **at the venue for training or an event**:

- Identify a room or area where someone who is feeling unwell or may have symptoms can be safely isolated. Where an individual isolation room is not available, a 2 m distance should be kept between the suspected COVID-19 case and other people, all of whom should be wearing masks/face coverings.
- Provide the individual with a mask if necessary, organise for them to contact their own health provider or Department of Health and arrange for them to be safely transferred to a facility advised by the health provider or Department of Health.
- As participants (players, officials, spectators, staff) depart, the club COVID-19 contact should inform them that someone at the venue during the training/event is a suspected COVID-19 case and advise them:
  - To monitor themselves for symptoms for 14 days and take their temperature twice a day.
  - Advise them that the Department of Health may inform them of the result once the test result is available.
  - To keep a record of people with whom they may be in contact.

In the event of a person testing positive for COVID-19 **while an event is in PROGRESS** or while using a venue for training purposes:

- The venue must immediately shut down for deep cleaning
- The organisers must find a new venue to be found to stage the event if the assessment undertaken with the Department of Health indicates that the event should not be cancelled
- Players having potentially come into contact with the infected person to be notified
- The Club COVID-19 contact should inform the Department of Health and prepare information required for contact tracing

### 4.3 After the Event/Training

#### Response to someone displaying symptoms of COVID-19 **AFTER the event:**

- The Club COVID-19 contact must retain the names and contact details of all participants for at least six months. This will help the Department of Health trace people who may have been exposed to COVID-19 if one or more participants become ill shortly after the event and test positive.
- If a person tests positive, the Department of Health will contact the Club COVID-19 contact to advise which members were present for a defined period prior to the individual testing positive.
- If any person develops even a mild cough or low-grade fever (temp of 37.3°C or more), shortness of breath, sore throat, muscle aches or other flu-like symptoms from 2 – 14 days after contact with a person suspected of having COVID-19 they should stay at home, self-isolate and make contact with their medical professional and the Department of Health providing any details required. This means avoiding close contact (1m or nearer) with other people, including family members. Close contact is defined as a person having face-to-face contact ( $\leq 1\text{m}$ ) or having been in a closed space with a suspected or confirmed COVID-19 case for at least 15 minutes. Asymptomatic close contacts should not routinely be tested but should just monitor themselves for 2 - 14 days after contact.

#### Response to someone being confirmed positive for COVID-19 **AFTER the event:**

- The individual should inform the Club COVID-19 contact persons that they have tested positive so that they can follow the necessary protocols and close down the facility for deep cleaning.
- The Club COVID-19 contact should liaise with the Department of Health about contact tracing.
- The Club COVID-19 contact should inform Squash South Africa so that assistance can be offered where necessary.
- Coaches must suspend all lessons and seek medical advice.
- The Club COVID-19 contact must close the club for a deep clean before allowing play to resume again.

### 4.4 After Recovering from COVID-19

If a person wishes to return to play after testing positive for COVID-19, they may only return to play if:

- They have undergone a medical examination and been medically cleared, after at least 14 days isolation.
- They wear the minimum of a mask at all times for the remaining period of 21 days from the date of initial testing.
- They adhere to social distancing, hygiene, and cough etiquette and the Club COVID-19 contact will closely monitor them for symptoms on return to play.

## 5 Proposed National Calendar & Ranking

### 5.1 National Calendar

These proposed dates for major national events are provided but are subject to change and/or cancellation as more information becomes available.

- Growthpoint IPT 12-16 October 2020
- Growthpoint Nationals 19-24 October 2020
- Growthpoint SA Open 26-30 October 2020
- SA Masters (Doubles) 5-8 November 2020
- PSA Challenger Tour *Dates to be confirmed by PSA, hosts directives  
(only permitted at or after Phase 4 and National Level 2)*

### 5.2 National Ladder/ Rankings

Squash SA acknowledges the challenges faced with the provision of a centralised national ranking ladder. Our committee and technical partners at SportyHQ have worked tirelessly to ensure that all the available results of the 2019 season have been captured and reflect in the rankings. This ladder and participation in key national events have been used in the determining the following rankings:

## 6 Resources

The following resources have been prepared and are attached to expedite the accreditation of facilities and/ or athletes. These completed templates must be submitted to the Squash SA office in order for a Certificate of Operation to be issued.

6.1 Club Templates	6.2 Athlete/Coach Templates
<ul style="list-style-type: none"> <li>• Facility Daily Checklist</li> <li>• Venue Risk Assessment Matrix</li> <li>• Indemnity Form</li> <li>• COVID Health Official Appointment Form</li> <li>• Screening Questionnaire</li> <li>• Attendance &amp; Tracing Register</li> <li>• Screening Protocol/ Awareness Posters</li> <li>• Guidelines to Facility Accreditation</li> <li>• Authorised Athlete/ Coach List</li> <li>• Authorised League Roster</li> </ul>	<ul style="list-style-type: none"> <li>• Athlete/Coach Checklist</li> <li>• Travel Guide Declaration Form</li> <li>• Indemnity Form (as with 6.1)</li> <li>• Screening Questionnaire (as with 6.1)</li> <li>• Authorised Athlete/ Coach List</li> </ul>

## 7 Conclusion

Squash South Africa, has worked diligently with multiple sporting codes, the Department of Sport, Art and Culture (DSAC), and stakeholders, including the Squash Federation of Africa (SFA), and the World Squash Federation (WSF), to prepare comprehensive analysis and return-to-play, plans for the resumption of squash. We recognise the positive contributions to physical and mental wellness that sporting, and exercise provide.

This plan incorporates the latest available information, the departmental guidelines and provides a definitive roadmap to the resumption of Squash in South Africa.

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*The information in this document does not purport explicitly or implicitly to substitute for professional medical advice, diagnosis, or treatment. All content is provided for general information and guidance only. This document will be presented to Government for approval.*

*The understanding and best practice around COVID-19 precautions is changing continuously. Therefore, Squash South Africa makes no representation and assumes no responsibility for the accuracy or completeness of this information. Furthermore, any person involved in squash, and decisions around whether to play or not, should seek advice from relevant medical professionals and/or public health officials and/or Government representatives if they have specific questions about resuming squash.*

*Participation in sport remains a voluntary activity and takes place in clubs over which Squash South Africa has no control. At no point will Squash South Africa be held liable for any outcomes related to a person's decision to return to play.*

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## **Appendix A: Athlete/ Coach Indemnity Form**



## INDEMNITY FORM | COVID-19

I agree not to hold Squash South Africa, Organising Committee, the national, regional or local government, the provincial squash association, any sponsor, venue owner, club management, accommodation provider, transport operator, official, volunteer or any person and their agents assisting in the return to play after restrictions for COVID-19 have been lifted liable for any claims, injury or illness, or for any damage to my property or loss of my property which I may suffer directly or indirectly as a result of travelling to and from and participating in any events (from the time of arrival at the squash venue and/or official accommodation until the time of departure). I am aware that I should arrange my own insurance if I require.

I participate voluntarily in squash and acknowledge that my health remains my sole responsibility.

I agree to abide by guidelines of the club and Government and any rules and regulations promulgated by the club. I confirm that I am fit to participate. I agree to provide any COVID-19 related personal (full name, ID number, cell number etc.) or health related information to the club and medical personnel on request.

I understand that COVID-19 tests may be requested at any time and agree to such a test if required and to provide the results to the club or other relevant parties.

I also understand that club and/or its representatives have the right to suspend and/or expel me from the club if I act in contravention of its rules and regulations or if my continued participation may endanger the health or welfare of myself or any other person involved.

By signing this document, I confirm that I am fit, in good health and can resume training and/or competition.

I understand that I have the right to seek legal advice and have done so or have waived such right before signing this document.

I am 18 years or older. I have read this document, and I am signing it freely. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

**Full Name**

(please print): \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Name Parent/  
Guardian (if under 18) :**

(please print) \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## **Appendix B:      Screening Questionnaire**





# COVID-19 Screening Questionnaire

This form to be used, in the case of tournaments/High Performance training etc. and submitted in advance of attendance, to the Provincial/National office.

This is for all athletes, officials, coaches, and support staff returning to training and matches.

Full Names :

---

Contact Number :

---

Contact Email :

---

Club **AND** Province :

---

Residential Address :

---

---

---

Next of kin/ contact of person :  
(living at the same house)

---

(Name & Number)

---

Have you been in contact with anyone that has had COVID-19?

Y/ N

Do you have sudden onset of any of the following?

- Fever, cough, sore throat, shortness of breath, loss of smell/ taste?

Y/ N

To the best of your knowledge are you currently free of COVID-19?

Y/ N

Should you respond YES to any of the above symptoms, please

- Stay at home
- Practice self-isolation
- Contact a medical professional to discuss your symptoms, and further actions that may be required.

**By signing this form, I hereby declare that I am fit, and in good health and can resume Training and/or Competition**

Date :  
(dd/ mm/ yyyy)

---


Signature :

---



## Appendix C: Attendance & Tracing Register



COVID-19 Attendance & Tracing Register				Does the guest have any of the following observable symptoms associated with COVID-19 <i>fever, cough, sore throat, redness of eyes or shortness of breath (or difficulty in breathing);</i>	To the best of your knowledge, are you suffering from any of the following additional symptoms: <i>body aches, loss of smell or loss of taste, nausea, vomiting, diarrhoea, fatigue, weakness or tiredness.</i>	Temperature of guest	I confirm that I will immediately inform my line manager if I experience any of the symptoms.	I confirm that I am wearing a mask that has been washed according to our protocol in the past 24 hours.	 Signature
Date	Full Names	ID Number	Cell Number						



## **Appendix D: COVID-19 Screening Protocol**





# SQUASH GUIDELINES DURING COVID-19 PANDEMIC

(As of June 2020)



## Feeling Unwell?

### Stay at Home

If you, or someone you live with, have symptoms of coronavirus stay home and self-isolate for 14 days.



## Protection

Please wear a face covering or mask when indoors at the club apart from when on court (use a FULL VISOR on court).



## Play

One player per court unless from same household, in which case two to be permitted. Bring your own ball and racket (hire/rental/borrowing is not allowed).



## Social Distancing

Always keep 2 metres away from other people. No spectators allowed.



## On Court

Use your own towel to wipe away sweat. Do not wipe hands on walls! It is recommended to wear a sweatband on your wrist.



## Drinks

Use your own water bottle. No sharing, no water fountains.



## Arrival at Club

Limit your time at the club. Arrive no more than 15 minutes early and leave immediately after playing. Travel to facilities should ideally be by foot, bike or car (only shared with person from the same household).



## Changing Rooms

Only one person in the changing rooms at any one time. Changing rooms are not operational for showering or changing but as toilets only.



## Court Bookings

Court bookings can only be made online. This will assist with controlling the number of the people in the club and with track & trace should it be required.



## One-Way Movement

A one-way movement system, through the club, will be in place where possible. *Please respect this.*



10min

## Time Slots

10-minute 'change-over' buffer will be built into court booking, e.g. 35 minutes of play allowed in 45-minute court booking. This is to allow safe transition & cleaning between bookings.



## Court Cleaning

Anti-bacterial wipes or spray and paper towels to be available outside the court for all players to wipe down touch surfaces after play.

WORLD SQUASH

WSF

#STAYSAFEWITHSQUASH

SQUASH SOUTH AFRICA



## Appendix E: Awareness Posters





## **Appendix F: Athlete/ Coach Checklist**

Checklist for Athletes/ Coaches prior to commencing any activities





## COVID-19 Athlete/ Coach Checklist

This form to be used, by ALL athletes/ coaches and to be submitted to the Provincial for provincial resumption of play of events OR the national office for national events, at least **10 days in advance** of any commencement.

Individuals are also required to keep a full record with you at all times, as part of the COVID-19 file. This is for all athletes/ coaches and related persons returning to training and matches.

Athlete/ Coaches Checklist	Done	Not Done	Attached
<b>1. Pre-activity documentation, awareness and testing</b>			
a. <b>ALL</b> - Be in good standing with its Club, Province, Federation AND Squash SA			Req.
b. <b>ALL</b> - Be a registered and paid up member of the Squash SA Individual Registration Fee (SportyHQ)			Req.
c. <b>ALL</b> - Record of a negative (passed) COVID-19 test			Req.
d. <b>ALL</b> - Record of completed and signed Athlete/Coach Indemnity Form ( <b>Appendix A</b> )			Req.
e. <b>ALL</b> - Record of completed and signed Screening Questionnaire ( <b>Appendix B</b> )			Req.
f. <b>ALL</b> - Awareness of all hygiene and social distancing requirements, in place			
g. <b>ALL</b> - Awareness of permitted activities, during current phase of activity ( <b>section 3</b> )			
h. <b>Athletes</b>			
i. Be a registered and paid up member of the PSA prior to 26 March 2020, (if required for Phase 1) - OR -			Req.
ii. Be part of an approved category of player, for activity during current phase ( <b>section 3</b> )			
i. <b>Coaches</b> - Be a registered SA LEVEL 1 or 2 Coach AND in possession of a valid COVID Certificate of Coaching (as issued by the Squash SA)			Req.
<b>2. During activity(ies)</b>			
a. Compliance with all facility guidelines regulations and instructions from facility COVID-19 Official instructions etc.			
b. Adherence of all hygiene and social distancing requirements			
c. Adherence to permitted activities, during current phase of activity ( <b>section 3</b> )			

Full Names : \_\_\_\_\_

Contact Number : \_\_\_\_\_

Club **AND** Province : \_\_\_\_\_

**By signing this form, I hereby declare that the information I have provided is accurate and complete**

Date :  
(dd/ mm/ yyyy) \_\_\_\_\_

Signature : \_\_\_\_\_

**Good luck, welcome back on court and please stay safe!**



## **Appendix G: Facility Checklist**

Daily checklist for Training, Leagues and Tournaments/ Championships





# COVID-19 Daily Facility Checklist

This form to be used, in the case of ALL facility use (including: tournaments/ High Performance training etc.) and filed on-site, and to be submitted in monthly, to the Provincial/National office.

This is for all facility club owners/ managers, and support staff returning to training and matches.

Daily Facility Checklist	Done	Not Done
1. Necessary Screening and Sanitising of Equipment:		
a. Screening Desk and main entrance		
b. Thermometer/ Temperature Gauge		
c. Hand sanitiser at entry point to facility and distributed between courts		
d. Sanitiser wipes to clean squash equipment and gate/ door handles		
e. Daily attendance register, available and completed		
f. Indemnity forms, available and completed		
2. COVID-19 Squash Documents to be on display:		
a. COVID-19 infographic/ posters		
b. Signage about use of masks/ face coverings etc (refer to <b>Appendix E</b> )		
c. Summary of guidelines		
3. Staffing the screening desk and ensuring access control		
4. Cleaning/sanitising of equipment between match sessions		
5. Cleaning/sanitising of equipment at the end of the day		
6. Emergency contact names and numbers available for reporting and providing support		
7. Self-isolation room at venue, available and equipped (e.g. sanitiser, face mask)		

Club Name **AND** Province : \_\_\_\_\_

Return-to Play Phase/ Activities on day in question : \_\_\_\_\_

**By signing this form, I hereby declare that the information I have provided is accurate and complete**

Date : (dd/ mm/ yyyy) \_\_\_\_\_

Signature : \_\_\_\_\_

**Good luck, welcome back on court and please stay safe!**



**Appendix H: Guideline to Facility Accreditation**

This guide lays out the priorities and minimum requirements for a facility to be accredited for opening under this plan.



## Guideline to Facility Accreditation

This guide should be used, by all clubs/ facilities wishing to be accredited to open and operate during the phased re-opening of Squash.

It is the applicant's responsibility to make sure you meet the most current requirements. This guide does not negate the requirements by Disaster Management Act, 57 of 2002, or the criteria stipulated in the Squash SA, Return to Play | Operational Plan.



### Criteria for Selection

- Priority (refer to **Table 7.1**) has been made for clubs that have steadfastly contributed to the leagues and tournaments in regions and to the national body as well as the broader squash community in South Africa.
- Should the requisite maximum number of clubs not be met per province, ( $\leq 30\%$  Phase 1 and Phase 2, and  $\leq 75\%$  Phase 3), the next level criteria will be applied on merit.
- Every attempt will be made to ensure accredited facilities are equally distributed in a region, to allow maximum availability for authorised players (see **Section 3**, above).
- Notable exclusions are any courts:
  - Situated on **School** property  
*(these are governed by the Department of Basic Education, and their own re-opening criteria are additional to those stated herein).*
  - Situated on **University** property  
*(these are governed by the Department of Higher Education and Training, and their own re-opening criteria are additional to those stated herein).*
  - Private courts, not affiliated to Squash SA (typically single courts, etc.).  
*Any activities undertaken at these facilities are not under the auspices of Squash South Africa, or affiliated bodies.*

### Application Process

The application process for Facility Accreditation, will be coordinated by the National COVID Compliance Officer, through the provincial bodies.

Applications will be made in full, for approval/ refusal, no less than seven (7) days before commencement of activities, and in accordance with the Phased re-opening dates.

A letter of authorisation will be provided, which is required to be part of the COVID file, at every facility, and available for inspection.



Preference will be provided for the following, in order:

Table 7.1: Facility Priority List

Criteria	Level 1 facilities	Level 2 facilities	Level 3 facilities	Level 4 facilities	Other
All club affiliation fees paid to Squash South Africa, up to date	●	●	●	●	●
Club in good standing with region, district, province and national squash bodies	●	●	●	●	●
Letter of Motivation/ Support of application, from Provincial Body	●	●	●	●	○
Registered as a <b>High Court Usage</b> facility	●	●	○		
Registered as a <b>Low Court Usage</b> facility			○	●	●
Appointment of COVID Health Official (see above)	●	●	●	●	●
Availability of Isolation room, if required (see above)	●	●	●	●	●
Compliance with screening criteria (see above)	●	●	●	●	●
Hosting/ hosted any International events in the last 3 years ● PSA Events (>\$5,000 men's AND women's events)	●				
Hosting/ hosted any International events in the last 3 years ● PSA Events (≤\$5,000 men's OR women's events)	●	●			
Hosting/ hosted any National events in the last 3 years ● Growthpoint SA Open or Growthpoint SA Nationals	●				
Hosting/ hosted any Provincial events in the last 3 years ● Growthpoint IPT, SA Schools IPT, SA Masters IPT, SACD Festival	●	●	●		
Hosting/ hosted any Regional/ District events in the last 3 years ● Intra-Provincials	●	●	●	●	
Hosting/ hosted any authorised regional/ provincial leagues in the last 3 years ● Provincial leagues,	●	●	●	●	
Hosting/ hosted any local/ club leagues in the last 3 years ● Provincial leagues,	●	●	●	●	○
All other events, social or recreational play					●

● Complete adherence to criteria  
○ Partial adherence to criteria



## **Appendix I: Facility Risk Assessment Matrix**





## Club Based Risk Assessment Matrix

This Risk Assessment methodology cannot be read as a stand-alone document and must be implemented with the On-Site Risk Assessment Record (below), must be completed and signed off by the authorised COVID Health Official. A copy must be retained with the site COVID File and duplicate must be returned to Squash SA/ Provincial Federation. A matrix is available for manual completion of this Risk Assessment (attached hereto in **Appendix I**).

[Squash SA COVID-19 Club Risk Assessment Matrix.xlsx](#) (Spreadsheet)

This Risk Assessment doesn't negate the need for appropriate training, supervision and the following of approved Return to Play criteria.

Club Owner/ Manager Names : \_\_\_\_\_

COVID Health Officer Names : \_\_\_\_\_

Contact Number : \_\_\_\_\_

Contact Email : \_\_\_\_\_

Full Club Name **AND** Province : \_\_\_\_\_

Club Address : \_\_\_\_\_

**By signing this form, I hereby declare that the information I have provided is accurate and complete and/or I've been party to preparing/ understand this Risk Assessment**

Date :  
(dd/ mm/ yyyy) \_\_\_\_\_

COVID Official  
Signature : \_\_\_\_\_

Date :  
(dd/ mm/ yyyy) \_\_\_\_\_

Club Manager/  
Owner Signature : \_\_\_\_\_

Date :  
(dd/ mm/ yyyy) \_\_\_\_\_

Access Control Staff  
(e.g. Reception, access,  
cleaning staff etc.) \_\_\_\_\_

## Methodology Employed

The Risk Rating is developed using a standard Risk Assessment methodology:

$$\text{Risk Rating} = \text{Consequence} \times \text{Likelihood}$$

### Risks Ratings returned, either

- **SIGNIFICANT** or **HIGH** (Risk Rating of more than 11), must be addressed immediately (prior to any further activity is permissible on site).
- **MEDIUM** Risk Ratings should be addressed during normal maintenance and/or training sessions but aren't critical to operations.
- **LOW** Risk Ratings are brought to your attention, but do not require individual interventions. Their requisite mitigations measures are addressed in the normal training and SOPs.

### Consequence Ranking (Hazard Effect)

Risk Matrix	Hazard Effect/ Consequence				
	1 Insignificant	2 Minor	3 Moderate	4 Major	5 Catastrophic
<b>Safety/ Health</b>	First aid case/ Exposure to minor health risk	Medical treatment case/ Exposure to moderate health risk	Reversible impact on health	Reversible impact on health	Single fatality or loss of quality of life/ Irreversible impact on health
<b>Legal &amp; Regulatory</b>	No legal impact	Minor legal concerns with minor impact	Some legal concerns with manageable level of impact	Serious legal concerns and significant impact on operations	Legal noncompliance with risk of shutdown of operations with significant cost impacts
<b>Reputation/ Social/ Community</b>	Slight impact - public awareness may exist but no public concern	Limited impact - local public concern	Considerable impact - regional public concern	National impact - national public concern	International impact - international public attention

### Likelihood

Likelihood	
<b>5 Almost Certain</b>	The unwanted event has occurred frequently; has a 90% and higher probability of reoccurring
<b>4 Likely</b>	The unwanted event has a probability of between 60% and less than 90% of occurring
<b>3 Possible</b>	The unwanted event has a probability of between 30% and less than 60% of occurring
<b>2 Unlikely</b>	The unwanted event has a probability of between 1% and less than 30% of occurring
<b>1 Rare</b>	The unwanted event has never occurred, has a probability of less than 1% of occurring

### Final Risk Rating Achieved

Risk Rating				
11 Significant	16 Significant	20 Significant	23 High	25 High
7 Medium	12 Significant	17 Significant	21 High	24 High
4 Low	8 Medium	13 Significant	18 Significant	22 High
2 Low	5 Low	9 Medium	14 Significant	19 Significant
1 Low	3 Low	6 Medium	10 Medium	15 Significant

### Procedure to Complete your Risk Assessment

- Refer to the separate file, [Squash SA COVID-19 Club Risk Assessment Matrix.xlsx](#), to undertake the Risk Assessment for your club
- Rate the various risks (unmitigated/ as per normal activities), using the ratings scale above.
- The current Risk Rating, will automatically score that activity
- If it scores **MEDIUM** or higher Risk, then mitigation is required (examples are provided)
- The newly mitigated activities are now scored and must rate as LOW to provide an acceptable Risk Assessment.
  - The consequence of an activity will not change with a new mitigated rating, only the likelihood.
- Print and sign, and:
  - keep in your COVID-File, and
  - submit a copy, to your Provincial/ National body as required.



## **Appendix J: Travel Guide Declaration Form**

Only applicable for

- Phase 2 & 3 (National Level 3), not allowing provincial travel
- Phase 4 (National Level 2), allowing provincial travel





# Travel Guide Declaration Form

This form to be used, in the case of tournaments/ High Performance training etc., and submitted in advance of attendance, to the Provincial/ National office.

This is for all athletes, officials, coaches, and support staff returning to training and matches.

Full Names :

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Contact Number :

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Contact Email :

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Club **AND** Province :

---

Residential Address :

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Next of kin/ contact of person :  
(living at the same house)

(Name & Number)

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Have you visited or returned from overseas in the last 14 days?

Have you been in contact with anyone who has visited or returned from overseas in the last 14 days?

If YES above, please indicate the country/s visited AND return date :

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Have you visited another Province (outside your province of residence), in the last 14 days :

Please indicated the provinces visited AND date :

---

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**By signing this form, I hereby declare that the information I have provided is accurate and complete**

Date :  
(dd/ mm/ yyyy)

---

Signature :

---



**Appendix K:      *Authorised Athlete/ Coach List***

Only applicable for Phase 1 and Phase 2 re-opening







## Authorised Athlete/ Coach List

This list, incorporates the professional athlete and coach, accredited with Squash SA, and is only applicable for Phase 1 and Phase 2 of the Return to Play Plan. The following category of individuals are the only accredited persons permitted to attend training. The full criteria stated in this document remains in place, prior to any activities are permitted.

- Professional Squash Association (PSA), players
  - Registered and paid up with PSA as of 26 March 2020 (date of lockdown)
- Top SA Players
  - Top 20 ranked Men's Players
  - Top 20 ranked Women's Players
- National Teams
  - SA National Junior Men's Squad - Team of 2020
  - SA National Ladies Squad - Team of 2020
  - SA Masters Squad - Team of 2020 - (≥60 years of age, per Government criteria)
- Provincial Teams
  - Senior Interprovincial Players
    - Phase 1: A-Section Growthpoint IPT (as of 2019 event)
    - Phase 2: Remainder Growthpoint IPT (as of 2019 event)
- Certified Coaches
  - Phase 1: Registered and authorised SA Level 2 coaches
  - Phase 2: Registered and authorised SA Level 1 and 2 coaches

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*In compliance with the Protection of Personal Information Act 4 of 2013, private contact details are not submitted with this document, but are held securely on site at the Squash SA offices. They are available on request.*

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**Appendix L: Authorised League Roster**

Provisional Roster, only (as more details become available, this will be updated)





**Appendix M: COVID-19 Health Official Appointment Form**

An official, per facility





## COVID-19 Health Official | Appointment Form

I, the undersigned, authorised Club Owner/ Manager, herewith appoint the stated person as the COVID-19 Health Officer for the club/ faculty(ies):

1. Participating in the development and implementation of the COVID-19-ready Club/ Facility Plan prior to the reintroduction of employee, athletes/ coaches into the squash facility;
2. Such development and implementation must take place in accordance with the regulations issued in terms of section 27(2) of the Disaster Management Act and specifically, Annexure E, thereof;
3. Ensure close monitoring of the plan post re-opening; and
4. Ensure adherence to health and safety protocols as issued and those identified in the risk and hazard assessments.

I herewith instruct him/her to dispose of the responsibilities as set out below:

1. Participating in the development and implementation of the COVID-19-ready Club/ Facility plan prior to the reintroduction of employees, athletes/ coaches into the Club/ Facility;
2. Ensuring that the above takes place in accordance with the applicable regulations issued in terms of s27(2) of the Disaster Management Act, 57 of 2002, specifically Annexure E, thereof;
3. In performing the required monitoring of such plan, post the re-opening of the above workplaces; and
4. Ensuring compliance with all health and safety protocols as issued and those identified in the risk and hazard assessments.

### Authorised Club Owner/ Manager

Club/ Facility Name: \_\_\_\_\_

Full Names : \_\_\_\_\_

Contact Number : \_\_\_\_\_

Contact Email : \_\_\_\_\_

ID Number : \_\_\_\_\_

Signed : \_\_\_\_\_

Date : \_\_\_\_\_

### Acceptance of appointment of COVID-19 compliance officer

Full Names : \_\_\_\_\_

Contact Number : \_\_\_\_\_

Contact Email : \_\_\_\_\_

ID Number : \_\_\_\_\_

Signed : \_\_\_\_\_

Date : \_\_\_\_\_

***By signing, I accept the above appointment as the duly appointed COVID-19 compliance officer and warrant that I understand and appreciate the roles and responsibilities assigned to me and, furthermore, that these may not be limited to what has been set out above.***